



LUNCH SANDWICHES

All sandwiches are served on toasted sourdough bread from our local vendor, Baker Street.

Whole wheat bread and gluten free bread (contains eggs) are also available.

COLONEL MUSTARD / \$8.75
grilled chicken, smoked bacon, cheddar, spinach, chipotle mustard

GARDEN GRILLER / \$8.50
grilled chicken, spinach, tomato, cucumber, red onion, green goddess mayo

VEGGIE DELIGHT / \$8.50**
hummus, spinach, avocado, tomato, cucumber

BLT / \$9.00
bacon, spinach, tomato, green goddess mayo

*VEGETARIAN

**VEGAN

BREAKFAST BAGELS

CLASSIC / \$6.25

scrambled egg, bacon, and cheddar cheese on your choice of bagel

***POPEYE / \$5.50**

scrambled egg, spinach, and american cheese on your choice of bagel

GOBBLE GOBBLE GOBBLE / \$6.25

scrambled egg, turkey sausage, and american cheese on your choice of bagel

****AVOCADO TOAST**

one slice / \$4.00

two slices / \$7.50

sourdough bread, avocado, tomato slices, and red onion topped with a squeeze of lime and a sprinkle of everything bagel seeds

SPREADS & ADDITIONS

\$1 tomato, cucumber, american cheese, cheddar cheese, cream cheese, butter

\$1.25 peanut butter, strawberry or blueberry jam, hummus

\$1.75 turkey sausage,

\$2 bagel a la carte, Tofutti vegan cream cheese, avocado, bacon



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BREAKFAST BAGELS

ROX OUT WITH

YOUR LOX OUT / \$7.95

smoked salmon, cream cheese, capers, and tomato on your choice of bagel

****HAPPY BUDDHA / \$5.50**

hummus, spinach, tomato, and red onion on your choice of bagel

***COOL AS A CUCUMBER / \$5.50**

cream cheese, tomato, and cucumber on your choice of bagel

***APPLE OF MY EYE / \$5.50**

cream cheese, apple, and honey on your choice of bagel

PROTEIN CUPS

***SUNSHINE CUP / \$5.75**

two scrambled eggs, spinach, avocado, red onion, tomato, scallions, sriracha

POWER CUP / \$7.25

two scrambled eggs, bacon, turkey sausage, spinach, cheddar cheese, everything bagel seeds

CUSTOM CUP / \$7.25

base (1) : two scrambled eggs or two egg whites

regular additions (2): spinach, tomato, red onion, cucumber, cheddar cheese, american cheese

deluxe additions (2) : avocado, bacon, turkey sausage, lox

toppings (unlimited): ketchup, sriracha, everything bagel seeds, scallions, capers